



ST MARY & ST PETER
NEWSLETTER

May 2024

CHURCH SERVICES

5th May Sixth Sunday of Easter

9.30am at St Peter's – Holy Communion (said)

10.30am at St Peter's – Morning Worship

Refreshments are served at 10.15 between the services

9th May Ascension Day

7.30pm at Great Horkesley St John's
United service of Holy Communion

12th May Seventh Sunday of Easter

9.30am at St Peter's – Holy Communion

19th May Pentecost

9.30am at St Mary's – Holy Communion (said)

10.30am at St Mary's – Morning Worship

Refreshments are served at 10.15 between the services

25th May Trinity Sunday

9.30am at St Mary's – Holy Communion

2nd June First Sunday after Trinity

9.30am at St Peter's – Holy Communion (said)

10.30am at St Peter's – Morning Worship

Refreshments are served at 10.15 between the services

To check for other services and any alterations email Revd Heather Wilcox - RevHWilcox@outlook.com
(lwb.wb.gh.parishes@gmail.com)



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Deadline for submissions for the June edition: 15th May
Contact the editor via email: lwbnewsletter@gmail.com

Welcome to the May Newsletter.

Summer is certainly on the way at last—as a quick flick through the magazine will show, we have a good many local events to look forward to this year including a commemorative picnic at Boxted Airfield in June, a teddy bears' parachute jump in July, Great Horkesley summer fayre in June, a Wildlife Walk every month and lots of other excitements.

If you are thinking of contacting me about a forthcoming event, please get in touch in advance so I can plan to include your poster in the right issue.

We customarily take a break for August, so you'll need to place

notices for that month in July, which means I will need them by 15th June. Not long till the deadline comes round!

Ian Hollands has kindly supplied another of his Langham-based articles which I have had to split into two parts due to its length and the illustrations: Samuel Bensusan was an interesting character who took to life in this part of the world rather well.

Steve Pollington,
Editor

LANGHAM COMMUNITY COUNCIL AGM

will be held on

Thursday 30th May at 7.30 pm in the Main Hall

We hope you will attend this meeting to support your Community Centre and hear about our highs and lows for the year ended 31 st March 2024. The Annual Report and Accounts will be presented and a new Committee of Trustees appointed.

If you wish to volunteer or to raise an item for discussion, please contact:

Liz Winter, Minutes Secretary, on 01206 443753 or email me at libbywinter18@gmail.com

We are seeking a new Secretary. Can you help?

Boxted Parish Council Report – April 2024

Before our April formal Parish Council meeting, we held our Annual Residents meeting hearing updates from Boxted Wildlife Group, the possible future of the Royal British Legion and also Harpers Café. We had good discussions around the issues of road gullies, general drainage and the Langham pumping station capacity.

We talked about the external school lighting, and the Dedham Vale Dark Skies representative said that there might be an opportunity to work with Boxted school and get the external lighting changed. The over extensive works to install bus stops in the village was also talked about.

We also heard about the launch of the formal consultation on the National Grid project involving pylons across Norfolk, Suffolk and Essex and the impact on Boxted, but the wider environment, destruction of habitat and eyesore. We were all advised to submit (and resubmit) comments and not to expect that anything previously submitted to be carried forward as they will not be. Formal consultation runs until 18 June 2024.

In our formal council meeting we learnt that our vacant position on the council can be filled by the more informal co-option process and anyone that would like to play a part should get in touch with the clerk before 7th May.

The recent newly installed formal bus stops were discussed with a proposed move of the stop nearest Cooks Hill being supported.

The council CCTV project is continuing.

We recently heard that Boxted School is now identified as a feeder to The Gilberd, alongside Langham School with 15 places reserved for children from the Rural North area. This came out of the blue as the council haven't asked for this. We were asking for Boxted School to become a named feeder to Trinity School, but we were told it wasn't possible. So, it would seem that the Gilberd have done what Trinity said they couldn't. It is very frustrating.

We are still looking for some volunteers to help review and amend the Boxted Neighbourhood Plan – this is a really important document as it forms part of the legal framework around what can and can't be built or developed in Boxted. We would like to involve residents and hear their views. Our first meeting is on Wed 24 th April in the Committee Room of the Hub building. If you want to be involved, then please email Karen on clerk@boxted-pc.gov.uk.

The next council meeting is one week later than usual taking place on Wed 15th May in the Hub Café.

Please get in touch with the Council by dropping an email to clerk@boxted-pc.gov.uk, look at www.boxtedparishcouncil.org.uk and follow the Facebook page 'Boxted Parish Council'.

Langham Parish Council Report – April 2024 Parish Assembly 2024

This year's Annual Parish Assembly has been scheduled for the evening of Thursday 16th May. It will be held at 7.30pm in the Langham Community Centre Club Room. The meeting will follow on from the National Grid Public Information Event being held in the Main Hall (see below), which may prove timely as the Pylon Project is likely to feature on the list of potential topics that residents may wish to discuss and debate! However, the overall purpose of the Annual Assembly is to allow residents to raise and air ANY issues or questions that they wish to be debated in an open forum by residents. If you would like to raise an issue for inclusion on the meeting agenda, please submit it to the Parish Council Clerk by 3rd May. Her email address is clerk@langhamparishcouncil.co.uk. (Please note that LPC act as facilitators for the Annual Parish Assembly, but this is NOT a Parish Council Meeting).

Norwich – Tilbury Pylon Project Meetings 2024

As almost all of us are probably aware, the statutory public consultation on the Norwich-Tilbury Pylon Project is now up and running, and runs until 11:59pm on 18 th June, which is the final deadline for public feedback on the project. It's important to recognise that any earlier comments you have made on the two previous non-statutory consultation will NOT be rolled forwards into this consultation. If

you want your views to be considered, your feedback must be submitted afresh into the statutory consultation. LPC would encourage all residents to submit feedback, both individually and by inputting into a coordinated LPC response which we aim to submit towards the end of the consultation window.

Thursday 16th May, 2pm - 7pm, Langham Community Centre (Main Hall):

National Grid will be hosting a Public Information Event about the Norwich-Tilbury Pylons Project. This session is hosted by National Grid representatives who will be displaying project maps and answering questions from members of the public.

Saturday 1st June, 10am - 3pm, Langham Community Centre (Club Room):

Langham Parish Council will be hosting a Drop-In Session where we invite residents to come and have a chat with us about the specific impacts of the project on the Parish as a whole, and on individual residents' properties and land. By swapping ideas, we can help inform and strengthen both your own individual consultation response, and the overall LPC consultation response.

SESAW NEWS

Kenny the Chihuahua is on watch for "those scary Asian

Hornets" leaving me to write this month's news from a feline point of view. He doesn't realise there is too much activity for them to settle in the garden. Our friends from the Colchester office of Informa have returned to paint the

kennels and clear debris from the winter storms. We very much appreciate their help. Unfortunately our maintenance programme has stalled due to constant emergency admissions. Although we are closed to visitors, re-homing continues unabated by appointment only. We have many dogs, including nine year old Mecho, a neutered male Caucasian Shepherd cross, known as the 'Gentle Giant'. He is with us due to family circumstances, no fault of his own. Mecho is very strong but shows no aggression, loves cuddles as



much as a game of ball and will be ideal for the older family.

Turning to cats, we have Jill and her family, pretty as a picture - although

that should NOT be a deciding factor when choosing a pet. (Mother loves me despite my plain black coat and grumpy disposition!) Jill arrived heavily pregnant last Autumn, yet

another 'covid castaway'. Now she and her five kittens are neutered, chipped, vaccinated and ready to be homed in pairs. They have been let down twice so please make this third time lucky. I really must check on Kenny in case he's poked his nose in somewhere and been stung for his trouble. That daft dog is a constant worry to me, Ollie (the Black) Cat.

Kenny (the Boss) Chihuahua

Suffolk & Essex Small Animal Welfare, Registered Charity No.1124029, Stoke Road, Leavenheath, CO6 4PP. Tel: 01787 210888, email: info@sesaw.co.uk website: www.sesaw.co.uk



BOXTED AIRFIELD

Involvement in D DAY

Commemoration Picnic

**Boxted Airfield Museum, Sunday 9th June
1pm~5pm, £5 per adult (children & members free)**

**1334 Manningtree Squadron ROYAL AIR FORCE Cadets
presentation & display in the museum, film showing
hot drinks & ice creams, bring your own picnic & drinks
1940s music, 40s dress optional, plenty of parking or cycle to us**

**Remembering John Charles Barker who lived in Langham & passed away in
March, age 99. One of the last living flight engineers on Lancaster bombers**

**For tickets, or for more information call 07503 952354
or purchase directly from Langham Community Shop**

1944 D DAY 80 2024

Langham Community Centre's

100 Club Draw

March winners were:

9	Bill Durlacher	£40
17	Dave Gill	£25
29	Liz Winter	£15
99	Nicola Meacham	£10

We have some spare numbers if anyone would like to join.



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2nd Tuesday of
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Boxted WI

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Teddy Parachute Jump



6th July

11:00am - 4:00pm

Bring a Picnic,

Drinks and Cakes available

At St Mary's Church, Langham CO4 5PS

Please bring your own Teddy to Parachute
£5.00 a Teddy.

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4:00pm - 6:00pm

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At dominic@poplargs.co.uk or on 07748305727

BOXTED HISTORY GROUP

Much has been discovered about Anglo-Saxon society in recent years. Previously it was thought that our English ancestors, whose dominance of the country lasted from about 400 to 1070, were uncouth and that the objects they left behind compared badly with those left by the Romans. However, things have changed. Much has been learned, especially from the excavation of burial mounds such as Sutton Hoo.

Anglo-Saxon life revolved around the mead hall where feasts and other social gatherings took place. Two broad levels of society existed: freemen and servants and this was reflected in the seating in the mead hall. The lord and his noblemen would be seated on a dais and the rest on benches. It was a place of warmth and companionship, giving a sense of community. Important meetings were also held in the meadhall.

Much has been discovered from the Anglo-Saxon practice of burying the bodies of important people (men and women) in burial mounds. There are many in England, large and small, though none on the scale of some in Scandinavia. Prittlewell in Essex has a noteworthy one, while there are traces of one at Clacton. Excavations of a mound at Broomfield revealed glassware, an oil table lamp, an iron cauldron and items connected to

fighting and feasting. Some of the items in burial mounds may have belonged to the dead person; others may have been donated by friends who wanted to show their respects. Graves often contain animal remains, sometimes in the form of meat. These were perhaps from a funeral feast or possibly put there as a show of wealth.

In a flat county like Suffolk burial mounds such as Sutton Hoo stand out and make an important statement about the status of the person buried there. Not all contain treasure—either because no objects were placed there at the time of burial or because they were victims of grave robbers. Many are no longer visible, having been flattened and ploughed over. The practice of burying high status people in mounds died out with the arrival of Christianity when burials in church became a preferred option.

Steve Pollington talked to the History Group about the Anglo Saxons.

For information about future meetings phone 01206 272250.

Alan Ladbrooke



Churches Count on Nature 2024 and Love Your Burial Ground Week



Saturday 8th - Sunday 16th June
2024

This special week is dedicated to observing and recording plants and animals in burial grounds, and we would love it if you would join us. Event details are below:

Boxted St Peters Church Invite you to join this event on Saturday the 15th June from 11:00am to 4:00pm in The Churchyard

Boxted Wildlife Group will be joining us, there will be volunteers to help you bug hunt and do other activities.

Refreshments Provided

You are welcome to Bring a Picnic.

For More Information Please Contact Dominic Sheil At dominic@poplargs.co.uk or on 07748305727

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SAT 19TH OCT
SAT 16TH NOV

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LANGHAM LADIES

The Langham Ladies meeting took place in the Community Centre, Thursday April 11th. This was an open meeting so husbands, partners and friends were invited so lots of people attended. The reason for the open meeting was because the speakers were very interesting. They were Steve Scruton and Ian Wyatt from BBC Essex. Steve opened the talk by saying that when he was a child there was only radio. He played the signature tunes of many early programs from the fifties and sixties and asked us if we remembered them which brought back many memories. Sixty years ago on March 28th Radio Caroline started playing about three miles off Frinton, the first record that they played was The Rolling Stones "Not Fade Away".

When Steve was 14 years of age he told his parents that his dream was to become a DJ which his parents were very much against. In 1967 one of his first jobs was to become a television repair man, a job that he loved as he was dealing with the public, then in 1976 he read an advertisement in the *Essex Chronicle* asking for help with Hospital Radio in Chelmsford. This involved going round and speaking to the patients and asking what request they would like played on the radio which took place in the evenings. BBC Essex started from Chelmsford and Steve did many odd jobs

for them until he was asked if he would like to do the "Afternoon Show" as the management thought that he would be capable of doing so. This was what he did for 22 years.

Steve and Ian also do many outside broadcasts at shows such as the Clacton Air Show and Tendring Show.

Next month's speaker is Sarah Curtis telling us about "The Life Of a Honey Bee" this takes place in Langham Community Centre, Thursday May 9th starting at 7.30pm. We look forward to seeing the members there and ladies who might like to come and see what we get up to and join our local Ladies Club, you will certainly be made most welcome. The fee is £5 including tea/coffee and homemade cakes. There are a few places left for our coach trip to **Bressingham Gardens** on Friday May 17th leaving Langham at 9am and leaving Bressingham about 4.30pm. The cost is either £29.50p or if you are a RHS member it is a free entrance in May so it will be the cost of the coach only which is £16 non refundable and required at the time of booking. If you are interested please get in touch with Ginny Moss 07476649481 or Gill Brown 07514559961.

THEY LIVED IN LANGHAM

An occasional series by the Langham Heritage Group

4. SAMUEL LEVY BENSUSAN 1872-1958

Godfreys, Nightingale Hill, 1932-1956

Part 1: The Essex Laureate

Samuel Levy Bensusan, author, playwright and student of Essex life and dialect, was born at Dulwich into a wealthy family of Sephardic Jewish descent. A precocious understanding of music led to his engagement aged 21 as the music and drama critic of *The Illustrated London News*. Commissions from other popular journals and national newspapers followed, while travel abroad inspired many articles and *Morocco* (1904), the first of his over two hundred books.

Taking a farmhouse at St Lawrence near Bradwell and becoming fascinated by the dialect and customs of the then-remote Dengie peninsula, Bensusan released a flow of articles in magazines and newspapers about Essex country life. His articles for the *Manchester Guardian* earned him the soubriquet 'The Essex Laureate'. Between 1912 and 1955 he wrote six plays and twenty-four volumes of short stories



Samuel Bensusan in his youth

describing the people and customs of rural Essex.

In 1906 Bensusan went to farm in earnest at Great Dunmow and was readily drawn into the Dunmow and District Progressive Club, the literary and political circle of the 'socialist socialite' Daisy, Countess of Warwick, who held court at Little Easton. Here Bensusan met his future wife, Marian Prichard, a trained singer and talented photographer whose work later illustrated some of his books. His dialect plays were performed at Lady

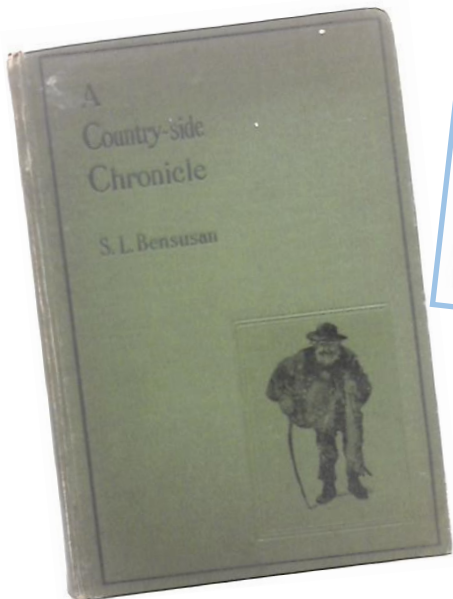
Warwick's Barn Theatre for the entertainment of distinguished guests such as Gustav Holst, Ramsay Macdonald, Cecil Sharp and George Bernard Shaw and the edification of the working classes of Dunmow and Braintree. As well as writing his own books and articles, Bensusan 'ghosted' several for Lady Warwick. They were said to be a marked improvement on her own literary efforts.

Bensusan struggled to make the Dunmow farm pay its way, in his words "living to farm rather than farming to live" and after the Great War he disposed of it to live and write in Epping and London. His steady output of popular books on rural affairs, foreign countries and the Old Masters was barely interrupted by a commission to write

the text of a 25,000-word official guidebook for the British Empire Exhibition of 1924, a task he completed in five days.

After ten years based in Epping and London but travelling widely in England and Wales and on the Continent, Bensusan and his wife yearned to resume rural life in his beloved Essex.

To be continued in Part 2: The Langham Years



Exhibition Guide (1924)

A Countryside Chronicle (1907)



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Peace be with you

As I'm writing this, it's the beginning of April and Spring is in the air – the sun is shining, but there's the odd shower, and plants and trees are definitely showing signs of life.

Easter has been joyfully celebrated in Christian churches around the world with a message of hope, and life in abundance in this world and in the next. And Jesus' appearing to his disciples, and to many hundreds of others, after his death and resurrection gave me extra cause for reflection this year.

A couple of weeks before Easter I spent several days in hospital due to a collapsed lung and was having difficulty in breathing. The main thing that concerned the doctor and nurses was how much oxygen was getting into my blood-stream, as that would affect my heart and my brain. They gave me oxygen through little pipes in my nostrils, inserted a chest drain, and seemed satisfied that my oxygen levels were improving.

On that first Easter evening when Jesus met with his disciples, he spoke words of peace to them - it wasn't oxygen that

they needed, but something quite different.

Jesus always knows what we need – he's always watching, listening, and responding to us. And he knew what this frightened group of men needed and he responded to them - 'Peace be with you', he said. And just as the heart monitor that I was attached to in hospital showed that my heart wasn't racing so fast once I knew I was in safe hands, I am sure that their fearful hearts settled down a bit.

Bishop Guli writes, 'Peace is something we all long for and we know that finding true peace - that deep and inner peace that passes all understanding - isn't easy.... What helps, in my experience, is acceptance of what has been and surrender to God of those things beyond our control which are yet to come.'

Spending time with God in prayer, enjoying his creation outdoors, showing kindness to one another, might just give us a greater sense of peace, and enable us to draw closer to God. We have nothing to lose and much to gain.

May you know God's peace in your life and for those you love,

Revd Anne.

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BOXTED HISTORY GROUP

Meeting every third Wednesday of the month at Boxted Village Hall.

7.30 for 8pm.

Guests always welcome.



Boxted Bingo

Boxted Village Hall
Every other Tuesday
3pm - 5pm
£8 per session
(Includes 4 games of bingo)

For more information
Call Dot on 01206 272676

BOXTED CARPET BOWLS CLUB

Come and join us for a friendly, enjoyable afternoon playing bowls at **Boxted Village Hall** **Fridays 2pm - 4pm**
Any information contact Chris Lawrence 01206 272654.

chris-lawrence@hotmail.co.uk

2nd Langham Scout Group

Meetings are held each Wednesday evening at the Community Centre.

Beavers: 5.00 to 6.15 pm. **Cubs:** 6.15 to 7.30 pm. **Scouts:** 7.30 to 9.00 pm.

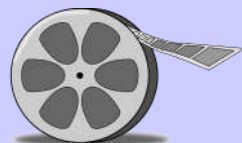
Contact Group Scout Leader, Denise Hobday 01206 230918.

LANGHAM LADIES

Any ladies wishing to join the group or to come along as a guest, please telephone Gill Brown on 01206 273286.

LANGHAM FILM NIGHTS

For details of films and screening times and to book tickets, go to www.langhamcommunitycentre.org.uk/next-cinema-screening/



Crafty Ladies

Meet on first Wednesday of each month throughout the year, 10.00 am to 3.00 pm at the Community Centre. Subscription £26 due March and September. Contact Chrissy Todd tel. 07742 131454.

Carpet Bowls Club

Meet every Tuesday afternoon from 2.00 to 4.00 pm at the Community Centre.

Contact Cliff Jones on 07922 156545 or Mervyn Bushe on 01206 230209.

The Art and Craft Club meet on the **third** Wednesday of each month, 2-4pm at Boxted Village Hall. All welcome - *come and join in!*



The advertisement for 'Beer and the Bible' is set against a light blue background. On the left, a cartoon waiter in a white shirt and red and green striped apron holds a tray with a tall glass of beer. In the center, a cartoon character with a yellow face and a white shirt holds a dark blue Bible. To the right, a white dog with a black face is looking up. A speech bubble next to the dog contains the text 'at the Shepherd & Dog Langham'. The main title 'Beer and the Bible' is written in a large, black, cursive font at the top. At the bottom, the text reads 'Every second Monday of the month from 8pm All welcome'.

The Zone for 6-11 year olds 5.30pm-7pm and the **Edge** for 12-18 year olds 7.30pm-9.00pm. Fortnightly during term time. Contact Linda Sheil 01206 273324

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Please mention the Newsletter when replying to advertisements

We at the Mindful Life Group are delighted to have now received funding from NHS East and West Suffolk Clinical commissioning Groups and Suffolk Community Foundation to provide free online mindfulness courses to support older adults aged 65 and over and carers and former carers living in Suffolk.

Background and information on the course:

The Mindful Life Group is offering an online mindfulness course that is fully funded to support older adults (over 65) in Suffolk. The course is led by a clinical psychologist who is also a mindfulness teacher. The course is based on the mindfulness-based stress reduction course developed by John Kabat Zin but has been adapted for these populations.



We have had really good feedback from participants, and we have found that it improves peoples' attention and memory, as well as reducing loneliness, low mood, stress, anxiety and chronic pain. Many participants have found it simply helps them deal with day-to-day stresses.

We currently have one course running every Thursday from 6th June for six weeks between 1-3pm.

Places are free but limited to around 15.

More information can be found on our website: <https://the-mindful-life.com/>

Dance to fitness

Fun Latin dance class

Boxted Village Hall



Thursdays 9.45 am



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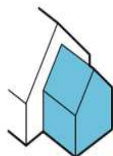
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www.2ndlanghamscouts.org



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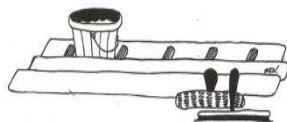
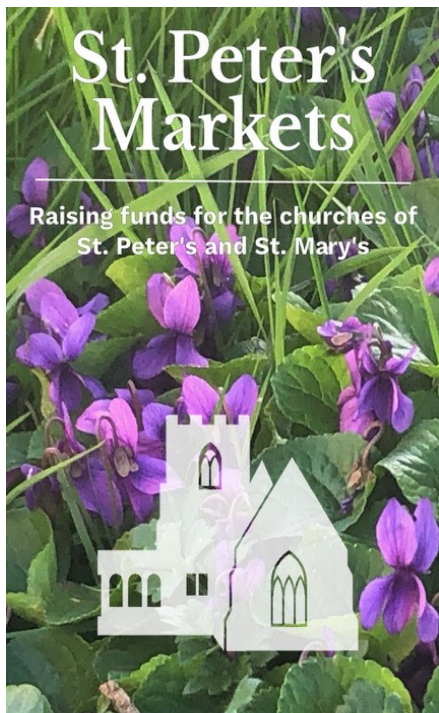
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Cath Hine on 07825 952560

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3.30pm.**

Anyone wishing to come along would be given a warm welcome. Our members are always asked for their suggestions before our yearly entertainment programme is arranged, so we do try our best to cater for everyone.

*If you would like more information
about our club please call Linda on
01206 272710.*

GOOD NEIGHBOURS

Are you elderly, vulnerable or otherwise in need of help, and live in the Parish of Langham with Boxted? We are a group of local Volunteers who can assist:

- with transport to an important appointment, including Hospital, Dentist or Flu/Covid Booster
- with collection of items such as prescriptions
- or make a friendly visit just for a bit of company.

Call so that we can help you, Monday to Friday, 8am to 7pm

Monday.....230525 or 272773

Tuesday.....271813 or 273195

Wednesday....272755 or 272013

Thursday..... 07765 037892 or 323007

Friday..... 07842 034489

Please telephone either number shown for the **DAY ON WHICH YOU MAKE YOUR CALL** (not the day of your appointment). If there is no reply, please do not leave a message but **RING ANY OTHER NUMBER**.

This scheme is associated with the Churches of ST Mary's Langham and St Peter's Boxted

**THE PARISH OF LANGHAM
WITH BOXTED**

Contact Details

Websites

Boxted – www.achurchnearyou.com/church/6458

Langham – www.achurchnearyou.com/church/6697

Rector Heather Wilcox

01206 240906/07503151715

RevHWilcox@outlook.com

Please contact the Rector with any enquiries

Church Office available by appointment

Mon-Fri: 10am - 12pm

Associate Priest Revd Anne Mason

07895 970834 revdannemason@gmail.com

Curate Revd Emma Barr 07801659345

Lay Minister Denise Hobday 230918

Church Administrator (for the parishes of
Langham with Boxted, West Bergholt and Great
Horkesley Donna Luxton 243683

Email: lwb.wb.gh.parishes@gmail.com

Churchwardens

St Mary's Langham

Stephen Garner 272599

Sgarner.22@btinternet.com

Denise Hobday 230918

hobdaylangham@hotmail.com

St Peter's Boxted

Jos Carter 272755

Zone Youth Group

Dominic & Linda Shiel 273324

The Edge Youth Group

Dominic & Linda Shiel 273324

St Mary & St Peter Newsletter

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BOXTED VILLAGE HALL

Cage Lane, Boxted, CO4 5RE

Contact

Debbie Eley

Telephone:- 01206 870266

Email:- boxted@community-centre.org.uk

Home to a number of local clubs and regular activities, it is also available for hire for parties and functions, with a capacity of 120 seated in rows or 100 seated at tables.

If you have any new clubs or events planned in the future, please consider using the village hall as your venue.

Deadline for submissions for the June edition:

15th May

Contact the editor via email:

lwbnewsletter@gmail.com

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FAIR GAMES - RUNNING RACES - FACE PAINTER - CHILDREN'S DISCO

FAMILY DOG SHOW* - STALLS - CRICKET & FOOTBALL SKILLS

VINTAGE VEHICLES

*PLEASE REGISTER BY 13:30 FOR THE DOG SHOW. THE SHOW ITSELF WILL BE AT 2 PM.

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