# ST MARY & ST PETER NEWSLETTER



# **CHURCH SERVICES**

# 2nd February Presentation of Christ in the Temple (Candlemas)

9.30am at St Peter's – Holy Communion (said)

10.30am at St Peter's – Morning Worship
Refreshments are served at 10.15 between the services

### 9th February Fourth Sunday before Lent

9.30am at St Peter's - Holy Communion

### 16th February Third Sunday before Lent

9.30am at St Mary's – Holy Communion (said)

10.30am at St Mary's – Morning Worship Refreshments are served at 10.15 between the services

### 22nd February

3.00pm in St Peter's churchyard – Forest Church



### 23rd February Second Sunday before Lent

9.30am at St Mary's – Holy Communion

### 2nd March Sunday next before Lent

9.30am at St Peter's – Holy Communion (said)

10.30am at St Peter's – Morning Worship

Refreshments are served at 10.15 between the services

### 5th March Ash Wednesday

10.00am at St Peter's – Holy Communion

To check for other services and any alterations please email The Reverend Heather Wilcox – RevHWilcox@outlook.com

### Welcome to the February Newsletter.

# Greetings to all our readers and welcome to 2025!

Since the last time I wrote, a few ongoing issues have worked their way to the top of the Grievance List, not least of which is the Great Pylon Project which looks set to go ahead despite local opposition and government heel-dragging. A quick and cheap solution seems to have been found preferable to doing the job properly, and we all know that the cheap fix is seldom cheapest in the long run.

Elsewhere, current thinking is that work on repairs to Severalls Bridge may actually begin in the autumn as foreseen at present, but let's wait and see. The dangerous 'partly-open but not really' access certainly needs fixing before there is a major accident, made almost inevitable by the large pothole at the Colchester that has widened since it received the constant pummelling for which it was never designed.

But in happier news, it was great to learn that local man John Polley was awarded the British Empire Medal in the New Years Honours list—surely a well-deserved acknowledgement for decades of service and participation in what is now the only remaining Methodist Silver Band in the country. Congratulations to John and to

Finally, may I say what a pleasure it was to perform one of the readings at the Christmas Carol Concert and to meet some of you in person at last.

the Silver Band as a whole.

The concert was a wonderful evocation of the spirit of the season and I felt very honoured to be invited to take part.

Steve Pollington, Editor

# Boxted W.I.

oxted W.I. have now commenced the 2025 programme with a New Year meal at the Yew Tree and look forward to another entertaining year including the forthcoming February Bake Off challenge. We are pleased to report that the members had an active couple of months to end 2024 and listed are some of the highlights:

\*We wore Orange to our coffee morning to raise awareness of gender based violence against women,

\*we listened to the delightful Nayland Choir with their lifting performance of Winter Songs, \* some members ran in the Adnams Southwold 10k & some were spotted wild swimming at Frinton!

\*We enjoyed the live screening of the Royal Ballet's The Nutcraker,

\*we got creative with decoupage art at our November craft & drinks evening

\*we finished the year with a December casino themed games night with masks (congrats to the winner Carola Markham) copious amounts of nibbles and not forgetting the fizz! The games included a rather amusing 'human fruit machine' and the evening was complete with a collection of very generous donations of dental items for the food bank- in support of our 'Dental Health Matters' campaign.



### Aldercar Wood **Heating Oil Buying Club**

Boxted & Great Horkesley

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# **Boxted Wildlife**

TALKS ARE FREE AND OPEN TO ALL, REFRESHMENTS AVAILABLE ALL TALKS START AT 7:30 (DOORS OPEN FROM 7 PM) AND ARE HELD AT BOXTED VILLAGE HALL, CAGE LANE, CO4 5RE

### TUE 28TH JAN: JONATHAN HUNT

"ICE AGE BOXTED: A BRIEF NATURAL HISTORY

### TUE 25TH FEB: SARAH MANNING

"INTRODUCTION TO FUNGI"

#### TUE 25TH MAR: LIZ HUXLEY

"ENCOURAGING WILDLIFE INTO YOUR GARDEN"

### APRIL: DATE & TALK TBC

THE BOXTED WILDLIFE ACTIVITIES PROJECT 2024-25 IS FUNDED BY THE DEDHAM



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### Langham Community Centre's

### 100 Club Draw

### November's winners were

Alan Cadman ıst

Liz Winter 2nd 29

3rd 21 Judith Allinson

60 Langham Ladies 4th

### December's winners were

65 Karen Iones ıst

94 Darren Doyle 2nd

74 Karen Jones 3rd

69 Jutta Brawn 4th

New members welcome.

Contact libbywinteri8@gmail.com.

### **BOXTED WI**

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Geraldine Russell 07840746953

Boxted WI

Email Essex HQ@ admin@essexwi.org.uk







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# BOXTEO HISTORY GROUP

ecember saw a change of the customary evening of history-based themed talks for the Group: Silbury Hill gave a concert of lively folk music, both original material and traditional-themed.

The absence of long-standing member Derek Kirby and his wife Diane was keenly felt by all—not for sinister reasons, but due to a housemove which was planned long ago and suddenly had to be completed

within a very short space of time. We all wish Derek and Diane well in their new lives in foreign parts (well, Suffolk actually) and hope that our paths may cross again soon.

The group continues to meet on the third Wednesday of each month at 7.30 in the Village Hall in Cage Lane.

Steve Pollington

# BOXTED METHODIST SILVER BAND

The longest standing member of the band, John Polley, was awarded a British Empire Medal in the New Year's Honours.

John first played the cymbals with the band outside the village chapel over 80 years ago. His last concert, in the village hall last February, was shared by family and lifelong friends.



The band wish him and his wife Margaret many deserved congratulations and a happy and healthy New Year.

# Pylons update

Pollowing the recent announcement that National Grid has 'carefully considered' feedback it received from the public, stakeholders and the findings of its ground investigations and environmental surveys in the area, it has decided to take forward an **overhead line** in the Waveney area.

The latest newsletter from National Grid sets out answers to some questions commonly raised during the consultation period.

Most interesting is the response to the suggestion that the line be carried under the sea: "Building an offshore grid – in any form – would be more expensive and would take longer than the proposed onshore route which includes overhead line. Pylons can carry more than 6 GW of power. Subsea cables can only carry up to 2 GW of power. To deliver the same capacity, we would need to build three offshore cables as well as significant onshore infrastructure



such as converter stations. The costs to build the offshore links are estimated at £4.1 billion, compared to around £1 billion for the onshore route."

So there you have the answer — it comes down to the short-term, quick and cheap solution.

### PROBUS CLUB OF COLCHESTER

On Wednesday 27th November our club met at the club house of Colchester Rugby club. There were 19 members present including 7 ladies. Our invited speaker Samantha Rowland delivered a very interesting talk which was titled:

# A Day at the Races (The Roman Circus)

Samantha explained that she commenced being involved with the Colchester Archaeological Trust first as a volunteer but is now an employee. She stated that the Roman Circus (Circus means Circuit) is the only one in the UK so far identified. It is the most Northerly known chariot racing track in the Roman Empire. Colchester, known at the time as *Camulodunum*, was also the first Roman city and capital of Britain. Emperor Claudius also had built a temple which was sited just North of the current High Street and Hollytrees Museum.

In the year 2000 the army garrison moved to their current site. They vacated an earlier site which was originally the site of the medieval Benedictine Abbey of St John the Baptist. Therefore it was untouched by modern development. The site was subject to an archaeological survey. The actual area is close to what is now Butt Road. The archaeologists found the remains of a Roman wall with circular corners. This was odd because Roman buildings had square corners. It

was suggested it might be a Roman racetrack. So a number of excavations were dug and it unearthed the outline of a track. Every racetrack had a starting gate and so far along there were set turning posts. The chariots each pulled by four horses were driven anti clockwise around the track which was about 250 yards long. The starting gate were located in the garden of the former officers mess. The site was given Scheduled Ancient Monument status in 2007.

Samantha then mentioned the Colchester Roman visitor centre where visitors can have a guided tour and view Roman archaeological remains.

At the end there were a number of questions from those attending which was a strong indicator of the interest in the subject of the talk.

Probus Club of Colchester is open to potential members, Ladies and Gentlemen. If you would like to know more about our club and are interested in joining us then please contact the clubs Hon Sec: Jim Duffy Email jimduffyc@aol.co.uk or telephone 07814 826367

Bob Cash
Publicity Officer

### February: A Month of Light, Love, and New Beginnings

s February unfolds, we find ourselves moving further into the promise of lighter days and the hope of new growth. Winter may still hold a chill in the air, but beneath the surface, life is stirring.

Snowdrops, crocuses, and daffodils are beginning to pierce through the earth, their delicate heads reaching for the sun. It's a reminder that even in the coldest of seasons, new life is emerging, and God's creative power is at work in the world around us.

In the Bible, we are reminded of God's light shining into the world, a light that dispels darkness and brings hope. The Gospel of John opens with the words:

"The light shines in the darkness, and the darkness has not overcome it" (John 1:5).

In these words, we are called to see the presence of Christ as a beacon of light in our lives, a light that shines even when circumstances feel cold or uncertain. As we enter February, we can take joy in the increasing daylight. The days are growing longer, offering us more opportunities to step outside, breathe in the fresh air, and connect with the beauty of creation. Just as the bulbs emerge from the soil, our hearts too can begin to bloom with renewed hope and energy, ready to share love and kindness with others.

This is a month where we can embrace the power of community. As the days lighten, so too does our ability to reach out to one another in love. Let's take inspiration from the early spring flowers and cultivate kindness, warmth, and support in our relationships. Whether it's a simple word of encouragement, a heartfelt gesture, or an act of service, every small act of love reflects God's light in the world.

o, as we move through February, let's remember that the increasing light not only signals the change of seasons but also calls us to shine brighter in love, kindness, and community. In doing so, we reflect the very heart of God, whose light never fades.

God Bless

Reverend Emma

### Langham Community Centre - Volunteer Secretary

angham Community Council is looking for a new Secretary with effect from May 2025, when I am stepping down from the position after nearly ten years.

I hope that someone younger and more IT-savvy will take on the role of supporting the Management team of Trustees.

It involves preparation of documents and minute-taking for Trustee and Finance meetings. You will join a team of Charity Trustees working to maintain and improve the Village Hall for the benefit of Langham and nearby residents.

If you would like to help your village by volunteering, I am happy to provide more details.

I found it a really good way of feeling useful, keeping abreast of village events and getting to know the lovely people of Langham.

I now live in Boxted, so please contact me initially via email: libbywinter18@gmail.com.

I will be happy to meet you.

Thank you very much.

Liz Winter.



### Family run health & wellbeing clinic on Park Lane, Langham offering:

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### Cllr Lewis Barber writes:

he **bus service** remains an area of concern for both villages, and I continue to raise these matters with the bus companies and Essex County Council. Unfortunately, it is too often that these are areas outside of local control. This is one example of why I am a strong supporter of local government reform. At the time of writing, there is an upcoming vote on submitting a proposal to government to implement their reforms locally. It is expected that the government will roll this out nationwide in the near future, with Essex intending to be one of the first tranches.

My view is that local government reform will give our local communities more say over matters such as bus services. Lalso believe that it will make local government less bureaucratic and inefficient, leading to better results for our communities on a variety of issues from public transport to the economy to housing and public health.

National Highways is waiting for the government to approve funding for Severalls Lane Bridge. However, we continue to maintain pressure for this being resolved. National Highways has reassured us that this is still intended to be completed in Autumn 2025. This is, of course, an unbelievably, and frustratingly, long time since the bridge was hit. Nevertheless, we hope the end is now near. We understand that funding is necessary as the costs have to be incurred before any attempted recovery from, for example, insurance companies.

You may recall from previous articles that I voted for additional money for the highway maintenance budget. This included a priority budget, which I have allocated funds for in Boxted and Langham

in the past. I welcome further submissions to cllr.lewis.barber@essex.gov.uk for consideration of both the general maintenance budget and my priority budget.

e also continue the campaign to improve road safety and traffic management in the villages. Unfortunately, we are still waiting for funding to be approved for the revisited plan for Dedham-Langham-Boxted so that a co-ordinated effort is made to address these challenges. We will keep lobbying for this.

I have also joined a multi-agency group to tackle flooding issues, as many of these require crossagency input. I will keep raising those issues pertinent to Boxted and Langham to get them sorted. Please do get in touch with any important issues to you. This includes fundamental capacity issues in the area, which I am particularly concerned of with the government's new housing plans likely to put more pressure on such infrastructure.

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### LANGHAM LADIES

he December meeting was much enjoyed by all the members who attended. We did a Christmas—themed word search and even went back to our childhood and played 'pass the parcel'. Afterwards a buffet was enjoyed by everyone.

The January meeting was a very interesting talk by John Cameron who told us about the Medical Detector Dogs. Our Queen is patron to the Medical Detector Dogs charity and the work with the dogs is in collaboration with International Clinicians, Universities and the NHS Trust. It is usually spaniels and labradors that are used as they have special qualities. Some come from breeders and others are donated. It takes 18 months to 2 years to train a dog at a cost of approximately £29,000. These dogs can detect diseases that science cannot. They pick up smells

that are unique to Cancer, Parkinson's, Covid and many other diseases. Detection of scents can be 10miles away. Each of their nostrils detect different smells. Their right side nostril detects smells that they recognise and their left nostril detects new smells. They are amazing dogs and have saved many peoples lives.

ur next meeting is on Thursday February 13th at Langham Community Centre starting at 7.30pm. The speaker is Roy Treloar his talk being, Old Stuff, Gadgets and What Do You Call Them. The subscription is now due £25 for a year of socialising, talks and having fun.

New Members will always be made welcome also if you want to give it a try come as a guest £5 to see what we are about.

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### BOXTED HISTORY GROUP

Meeting every third Wednesday of the month at Boxted Village Hall. 7.30 for 8pm.

Guests always welcome.



### BOXTED CARPET BOWLS CLUB

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Further info please contact:

Michael Hubbard 01206 271892

Sue Smith 07465443795

sueronben@gmail.com

### 2<sup>nd</sup> Langham Scout Group

Meetings are held each Wednesday evening at the Community Centre.

Squirrels 5:00 to 6:00

Beavers 4:45 to 6:00

Cubs 6:00 to 7:30

Scouts 7:30 to 9:00

Contact Group Scout Leader: James Puxley 07935 909063

### LANGHAM LADIES

Any ladies wishing to join the group or to come along as a guest, please telephone Gill Brown on 01206 273286.

# LANGHAM FILM NIGHTS

For details of films and screening times and to book tickets, go to www.langhamcommunitycentre.org.uk/next-cinema-screening/



# **Crafty Ladies**

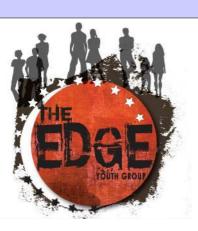
Meet on first Wednesday of each month throughout the year, 10.00 am to 3.00 pm at the Community Centre. Subscription £26 due March and September. Contact Chrissy Todd tel. 07742 131454.

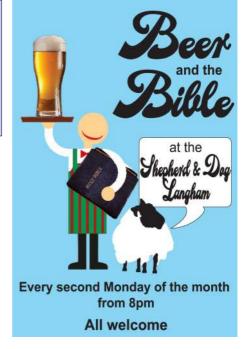
# Carpet Bowls Club

Meet every Tuesday afternoon from 2.00 to 4.00 pm at the Community Centre.

Contact Cliff Jones on 07922 156545 or Mervyn Bushe on 01206 230209.

The Art and Craft Club meet on the third Wednesday of each month, 2-4pm at Boxted Village Hall. All welcome - come and join in!





The Zone for 6-11 year olds 5.30pm-7pm and the Edge for 12-18 year olds 7.30pm-9.00pm. Fortnightly during term time. Contact Linda Sheil 01206 273324





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www.2ndlanghamscouts.org





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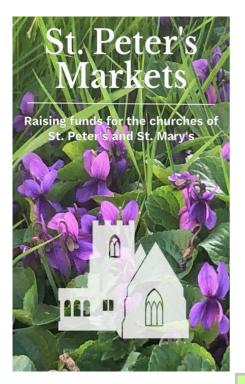
Tel: 01206 272100 61 Straight Road, Boxted, Colchester, CO4 50Y www.pantry61.co.uk

For ALL Advertising Queries, contact

### **Paul Armstrong**

boxlangads@gmail.com

Tel: 07766 747497





# **CLEANSHINE**

# Traditional window cleaning service

Reliable & friendly Est. 1994 Inside and outside windows cleaned Guttering clearing service available North Essex & Suffolk covered

Contact Giorgio for a free quote: 01206 272054 or 07706 054373





### At Langham Community Shop

WE NEED VOLUNTEERS for regular shifts, but also, just as importantly, we need stand ins to cover any holidays & gaps in the rota. You will never work alone & full training is given. Meet new people & learn lots of new skills, for just two & a half hours of your timel For further information & an informal chat Call our Volunteer CoOrdinator Cath Hine on 07825 952560

# BOXTED EVERGREENS

Our Club meets in the village hall every fourth Thursday of the month from 2.00pm to 3.30pm.

The age of our members varies but the club would suit anyone over 60 so please come along and you would be given a warm welcome. Our members are always asked for their suggestions before our yearly entertainment programme is arranged and we do try our best to cater for everyone.

If you would like more information about our club please call Linda on 01206 272710 or Elaine on 01206 273183. If you would like more information about our club please call Linda on 01206 272710.



Are you elderly, vulnerable or otherwise in need of help, and live in the Parish of Langham with Boxted? We are a group of local Volunteers who can assist:

- with transport to an important appointment, including Hospital, Dentist or Flu/Covid Booster
- with collection of items such as prescriptions
- or make a friendly visit just for a bit of company.

Call so that we can help you, Monday to Friday, 8am to 7pm

Monday.......230525 or 273324
Tuesday.......07707 602702 or 273195
Wednesday....272755 or 272013
Thursday.......07765 037892 or 323007
Friday........272773

Please telephone either number shown for the DAY ON WHICH YOU MAKE YOUR CALL (not the day of your appointment). If there is no reply, please do not leave a message but RING ANY OTHER NUMBER.

This scheme is associated with the Churches of St Mary's Langham and St Peter's Boxted

# THE PARISH OF LANGHAM WITH BOXTED

**Contact Details** 

#### Websites

Boxted – www.achurchnearyou.com/church/6458 Langham – www.achurchnearyou.com/church/6459 *Rector* Heather Wilcox

> 01206 240906/07503151715 RevHWilcox@outlook.com

> > ----

273324

Please contact the Rector with any enquiries

Church Office available by appointment Mon-Fri: 10am - 12pm

Associate Priest Revd Anne Mason

07895 970834 revdannemason@gmail.com

Curate Revd Emma Barr 07801659345

Lay Minister Denise Hobday 230918

Church Administrator (for the parishes of

Langham with Boxted, West Bergholt and

Great Horkesley Donna Luxton (Mon-Wed) & Jo Rassell (Thur-Fri)

Email: 6parishescolchester@gmail.com

#### Churchwardens

### St Mary's Langham

Stephen Garner	272599
Sgarner.22@btinternet.com	
Denise Hobday	230918
hobdaylangham@hotmail.com	
St Peter's Boxted	
Jos Carter	272755
Zone Youth Group	
Dominic & Linda Shiel	273324
The Edge Youth Group	

#### St Mary & St Peter Newsletter

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### **BOXTED VILLAGE HALL**

Cage Lane, Boxted, CO45RE

Contact

### **Debbie Eley**

Telephone:- 01206 870266

Email:- boxted@community-centre.org.uk

Home to a number of local clubs and regular activities, it is also available for hire for parties and functions, with a capacity of 120 seated in rows or 100 seated at tables.

If you have any new clubs or events planned in the future, please consider using the village hall as your venue.

Deadline for submissions for the March edition: 15th February Contact the editor via email: lwbnewsletter@gmail.com

#### NEED TO TALK TO SOMEONE?

### **SAMARITANS**

Available 24 hours a day

116 123

34 Walsingham Rd, Colchester CO2 7BP

Open 10am to 8pm daily

01206 561234



Teams of Per Person 6-8 Per Table Under 12's Free

Licensed Bar, Snacks in Interval Please Notify of Any Dietry Requirments

To Book Please Contact Dominic or Linda On - 01206273324 or EMAIL - Dominic@poplargs.co.uk In Aid of L&B Church Youth Work