

ST MARY & ST PETER  
NEWSLETTER

**September 2024**



## CHURCH SERVICES

### 1st September Fourteenth Sunday after Trinity

9.30am at St Peter's – Holy Communion (said)

10.30am at St Peter's – Morning Worship

*Refreshments are served at 10.15 between the services*

### 8th September Fifteenth Sunday after Trinity and Nativity of the Blessed Virgin Mary

9.30am at St Peter's – Holy Communion

6.30pm at St Mary's –

Holy Communion for Patronal Festival  
*Followed by cheese and wine*

### 15 th September Sixteenth Sunday after Trinity

9.30am at St Mary's – Holy Communion (said)

10.30am at St Mary's – Morning Worship

*Refreshments are served at 10.15 between the services*

### 22nd September Seventeenth Sunday after Trinity

9.30am at St Mary's – Holy Communion

### 29th September Eighteenth Sunday after Trinity and feast of Michael and All Angels

10.30am at Little Horkesley – Six parishes united service of Holy Communion

To check for other services and any alterations email Rev Heather Wilcox -  
RevHWilcox@outlook.com  
(lwb.wb.gh.parishes@gmail.com)



**TUCKWELL FASCIAS**

*Free no obligation quotation!*

Phone: 07723156584      Email: tuckwellfascias@hotmail.com

**Deadline for submissions for the October edition: 15th September**  
**Contact the editor via email: [lwbnewsletter@gmail.com](mailto:lwbnewsletter@gmail.com)**

## Welcome to the September Newsletter.

**B**it of a glitch with delivery of last month's issue! Even a well-oiled and slick machine such as the Parish Newsletter can slip up from time to time. I hope no-one was left feeling bereft and despondent due to the late arrival.

... Which neatly allows me to draw your attention to Paul Armstrong's article and call for help on p.16. The burden of delivering the magazine to 1200 households in the two parishes has fallen on too few shoulders of late, so please read Paul's epistle and if you have some free time consider putting a little of it to good use.

I know many of you are avid joggers, runners and cyclists, think of the aerobic muscle-toning benefits of pounding the pavement with a bag of A5 comics under your arm, tackling squeaky gates and vicious letterboxes—really, you know, we should be charging you to have this marvellous opportunity.

**T**he cover photo this month is another of Andrew Stacey's wonderfully evocative local images,

and it is dated '2004' so the balmy summer it evokes is now twenty years gone — a mere blip in the long history of the two villages but still a sizeable chunk of a single human lifetime.

Those of us who have more years behind us than we are likely to have before us may be heartened by the sight of so timeless a scene—something very similar could almost have been viewed at any time since the great forests were cleared for crops, about 5000 years ago! While I wasn't around quite that far back, the things I've seen in my short span demonstrate to me that 'change is the only constant', but a quiet field of ripening wheat is as close as I am likely to get to sharing an experience that my grandfather (born in the 1880's) might recognise.

*Steve Pollington,*  
Editor

## BOXTED W.I.

**B**oxted W.I. members and friends have enjoyed a social summer starting with a fine evening of wine tasting at the **Dedham Vale Vineyard** with thanks to Jan and her Manager, Mike who explained the history, why certain varieties and the care & processing of the grapes. This was followed by the obligatory tasting which went down very well!

A '**travelling tapas**' eve formed the July meeting with members roaming between 3 nearby residences in the village to enjoy various courses of tapas.



Mid-July saw a coffee & chat **morning** at the Hub with thanks to Doug and team.

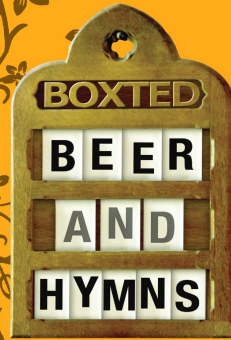
August saw the annual members outing, this year a social day out tasting the delights of **Woodbridge**.

**T**he membership has gradually grown throughout the summer and members meet back at the **Village Hall on 10th September** to commence their autumn programme.



For All  
Advertising Queries,  
contact  
Paul Armstrong  
boxlangads@gmail.com  
Tel: 07766 747497

ON SATURDAY 21ST SEPTEMBER  
7PM - 10PM



Come and Sing Your Favourite Hymns,  
Drink Local Real Ale or a Glass of Wine,  
Soft Drinks For Children Will Be Available.  
There Will Be A BBQ With Vegetarian Options.  
Join Us At St Peters Church Boxted.  
Tickets £8 Each On The Door, First Drink Included,  
Children Under 12 Free.  
In Aid of Boxted and Langham Churches.



# CALOR GAS BOTTLES

## 07854 792301

# DJW Agricultural Services

BASED IN BOXTED

## Servicing and Repairing

Mowers, Strimmers,  
Tools & Plant, Farm Equipment  
Power Tools and Hand Tools

Diesel Petrol or Electric



## ANY HOLIDAY PLANS?

**H**aving exhausted the vastly interesting subject of the British weather, a great conversation starter for any Brit, then at this time of the year, the conversation will often turn to ‘any holiday plans?’ ‘are you going anywhere nice?’

Perhaps this year, we might be trying to work out where we can get to to beat the rather damp weather. Whilst many people have to plan their holidays to coincide with the school

breaks, some of us are able to plan around them and go either before the end of July, or later in September or October. Indeed, I have already been on holiday, spending a fantastic week away with my husband and son, and yet we never left the county ... and the sun shone too! We spent the week walking the whole of the Essex Way, the 82 mile series of footpaths from Epping Station to Harwich.

Every day, we experienced a different kind of scenery, from lots of woodland the first day, a very muddy day, to the final day when we were walking along salt marshes to the coast, and everything in between. (photo is us at the half-way point).



Holidays are a great time of year, normal rules are suspended, you can get up with you like, go to bed when you like and to some extent, you can do whatever you like. It is a time for living expansively, for exploring new places, for doing things you’ve never done before and experiencing new things. It is a time for enjoying this world and everything in it ... and you don’t even need to go far from your own doorstep to have a holiday.

That’s what the biblical idea of sabbath is all about. The bible tells about how God made the world and then, on the sabbath, he rested – not because he was exhausted, but because he wanted to enjoy the world he had made.

**C**hristians believe that God blessed these times of sabbath rest and consecrated them. They are genuinely holy days (holidays) in which we glimpse something more of the abundant grace and generosity of God.

So whatever you are doing, I hope it will be a time of true re-creation. A time in which you can learn the unforced rhythms of grace.

May God bless you

*Heather*

# Aldercar Wood

## Heating Oil Buying Club

**Boxted & Great Horkesley**

Aldercar Wood is a locally run club for any of us wanting to get a good deal for heating oil.

### Frequently Asked Questions

- Is this a commercial operation?** No, it is coordinated by a Boxted volunteer resident
- Do I have to pay to join?** No, once the prices are secured, you pay the oil company for your order there is no agent transaction involved.
- What discount do I get?** Making a bulk order means the oil company offers a better rate to us all - everyone benefits.
- Isn't Boiler Juice cheaper?** The price of oil changes every day, but for the last year, Boiler Juice's rate was beaten by the club price (remember Boiler Juice also charge a £10 fee on top of the per litre rate).
- How does it work?** A reminder email is sent out and a purchase date is set. You can advise what quantity you would like - the same minimum order of 500 litres is required. You can name a price you don't want to exceed if you wish (based on current market rate) The total club volume is put out to oil suppliers and the lowest price is selected. You then make your order direct with the company and benefit from the communal saving. If the price doesn't match your target price, then you don't have to place an order. There is nothing to lose.
- How do I get included** Once you choose to participate, your email will be stored securely and you'll get an email reminder until such time as you unsubscribe.
- Does my personal data get used by others?** No, the club only uses your address to send the reminder email out and is held securely until such time as you unsubscribe.

## LANGHAM LADIES

In July Langham Ladies and their guests enjoyed a lovely afternoon tea in Gill's garden and the weather was kind to us.

At the August meeting of Langham Ladies in Langham Community Centre thirty six members enjoyed a demonstration of flower arranging done by a local lady Brenda Eyers. Six beautiful arrangements were done and they were all put into the raffle at the end of the evening. Brenda demonstrated what could be done using foliage from the garden and flowers from a supermarket in this case Sainsburys. This showed that

expensive do not have to be used to make a lovely arrangement. The evening was concluded with tea, coffee and homemade cakes.

The next meeting is **Thursday September 12th in Langham Community Centre starting at 7.30pm.** The speaker is Katie Cole talking about **three women of Special Operations Executive in the Second World War.** This meeting is going to be an open meeting so gentlemen and ladies will be most welcome to come. The guests fee is £5 which includes tea, coffee and homemade cakes. We look forward to seeing you all there.



**DIRECT MAIL**  
& CAMPAIGNS



**PRINTING**  
& DESIGN



**PROMOTIONAL**  
PRODUCTS

FOR ENVELOPE INSERTION POSTERS BRANDED CLOTHING DOOR TO DOOR  
SERVICES FULFILMENT BROCHURES EXHIBITION STATIONERY LEAFLETS  
BANNER STANDS LEAFLETS BRANDED PENS AND MUCH MORE...



### CONTACT US TODAY

No matter the size of your requirements, we are equipped to assist you.

 01255 221322

 [hello@thedsgroup.co.uk](mailto:hello@thedsgroup.co.uk)

 [thedsgroup.co.uk](http://thedsgroup.co.uk)





## Langham Community Centre's

### 100 Club Draw

June's winners were:

29	Liz Winter	£40
11	Pat Solomon	£25
75	Chris Clark	£15
15	Mike Mays	£10

May I remind all 100 Club members that the year ends on 31st August. Subscriptions of £26 per number are due prior to 21st September, please. New members welcome. Contact libbywinter18@gmail.com.



communityshoplangham@gmail.com  
www.langhamcommunityshop.co.uk

01206 272431  
find us on facebook

## BOXTED WI

Join the UK's largest women's organisation!  
The WI can be everything you want it to be



Forge friendships | Learn new skills | Campaign for the future

Find Us At



Or Here

Geraldine Russell  
07840746953

Boxted WI

Email Essex HQ @  
admin@essexwi.org.uk



Foot Health  
by  
**Lorraine**

Registered Foot Health Practitioner

Offering convenient appointments in your own home  
Trained to assess and treat recognised foot problems

- Toenail cutting/trimming
- Athletes Foot
- Corns
- Fungal Nail Infection
- Callus reduction
- Ingrowing Toe Nails
- Verruca
- Diabetic Foot Care
- Thickened Nail reduction

Qualified and Insured Foot Health Practitioner  
Mobile Service

To book your appointment  
M: 07531 692372

E: lorraine.foothealth@gmail.com  
W: foothealthbylorraine.co.uk



Find us on



# COLCHESTER CH HOMECARE

CQC registered for homecare & live-in care  
Highly trained and compassionate carers  
Services from 1 to 24 hours a day

Contact Sharon Cutter 07368 224486  
admin@colchesterhomecare.com

www.cqc.org.uk/locations/1-13089837879

https://colchesterhomecare.com

## BOXTED HISTORY GROUP

In the 16th century Essex was a hotbed of witchcraft, with the first witch trial being held in 1553. In 1582 Ursula Kemp, an inhabitant of St Osyth, was accused of being a witch. In those days St Osyth was a small place with a population of about 300 and was not particularly prosperous. Ursula, with her great knowledge of herbs, eked out a living as a healer.

She had agreed to help Grace Thurlow who had become lame. Whatever Ursula did worked because Grace's health improved. When Grace's son fell ill Ursula was called in again and once more met with success. However, when Grace's daughter was born Ursula was not invited to attend and this caused some resentment. The child died. When Grace's lameness returned, Ursula offered to cure her for a charge of 12 pence.

After the treatment Grace refused to pay and Ursula, a bad-tempered woman, exploded with anger and vowed that the lameness which she had cured would return. When it did it instigated a charge of witchcraft

and Ursula was arrested and sent to be held in Colchester castle.

The charge of witchcraft was a spark that caused a fire. Rumours spread, perhaps fuelled by old grievances, and soon 13 women had been accused and arrested.

The trial took place in Chelmsford and 3 women of the 13 were found guilty. Ursula spent nearly 10 years in prison before returning to St Osyth.

Then in 1921 a certain Mr. Brooker dug up a skeleton in his garden. The body had obviously been buried outside the church grounds - itself a sign that it belonged to someone who had committed a very serious crime. It was soon established that it belonged to Ursula Kemp. Brooker was an unscrupulous man and soon started charging people 6 pence a time to view the remains. He even had postcards printed so that visitors could take away a souvenir.

In 1963 Brooker and his son tried to sell the land for development but no one was interested and the

owner of a museum in Cornwall bought the skeletal remains.

When the museum closed they were bought by an artist who lived in Devon. On his death the bones were examined carefully and dated to the late 16th century. The examination showed the person had lived mainly on fish and eels, such as would typical of a place like St Osyth. Plans were made to return the skeleton there for burial but that proved difficult owing to the lack of paperwork. Eventually permission was granted and the bones were buried with a proper ceremony. Ursula had come home. Since then a plaque has been put up in the front of Colchester castle commemorating all those who were accused of witch craft.

**John Worland** talked to the History Group about Essex witches.

For information about future meetings phone 01206 272250.

Alan Ladbrooke



School Road, Langham, CO4 5PA

---

Large, medium & small rooms available for hire separately or together for clubs, functions, meetings & parties

Main Hall includes a stage with lighting suitable for concerts or shows

Excellent kitchen facilities

---

Enquiries:

07741 284132

langhamcc@gmail.com

[www.langhamcommunitycentre.org.uk](http://www.langhamcommunitycentre.org.uk)



### **Family run health & wellbeing clinic on Park Lane, Langham offering:**

- Physiotherapy
- Injection therapy (specialising in osteoarthritic joints)
- Massage therapy
- Pelvic health, pregnancy and post-natal care
- Scar therapy
- Lymphatic drainage
- General healthcare including minor illness appointments, blood tests, prescriptions, foot & skin care and more

**To enquire or book an appointment:  
Call 01206 670216 or visit [www.fortishealthandwellbeing.co.uk](http://www.fortishealthandwellbeing.co.uk)**



Langham Parish Council in association with Clacton Classic Car Club presents...



# Classics at Langham

Recreation Ground, Sun 8th September, 11am - 4pm



## Classic Car Display Zone

## Food Stalls

## Beer Tent

## Music

## Kids Zone

\* **FREE ENTRY**

\* **FREE PARKING**

Langham Recreation Ground (School Road, CO4 5PA) offers a perfect large flat display area in our rural North Essex village.

Adjacent to the main display you will find food stalls, drinks stalls, and a large enclosed Children's Play Area, making for a perfect family day out!

Exhibitors should arrive between 9.30am and 10.30am.

Gates will be open to the public from 11am.

Exhibitors: please visit [www.langhamparishcouncil.co.uk/classics-at-langham/](http://www.langhamparishcouncil.co.uk/classics-at-langham/) to reserve a space for your vehicle



THE

# LANGHAM COMEDY CLUB

An evening of  
professional comedy  
on your doorstep

MY LOCAL  
BOX OFFICE



KAREN  
BAYLEY

## October 11th 2024

Doors 7pm | Start 8pm

The Langham Community Centre

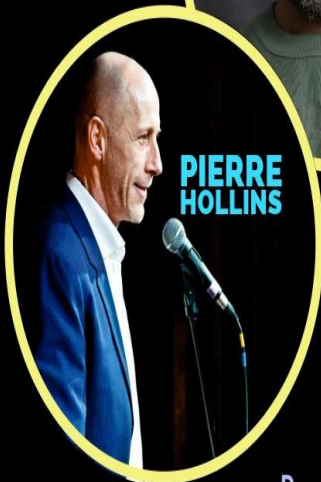
Langham | Essex

Ages 18+

Fully licenced bar  
serving refreshments  
available



FUNMBI  
OMOTAYO



PIERRE  
HOLLINS

TICKETS  
£16.50

25p Transaction fee  
applies per ticket

Book tickets at:

[mylocalboxoffice.co.uk](http://mylocalboxoffice.co.uk)

Or email

[info@langhamcomedyclub.co.uk](mailto:info@langhamcomedyclub.co.uk)

Little Box  
Productions

Produced By Emma Filby



# **FROM THE OAK OF GERNIKA TO THE OAKS OF LANGHAM**

*Basque refugee children in Langham 1937-9*

**Last Friday's Community Café at Langham Community Centre saw Dr Ed Packard of the Basque Children of '37 Association unveil a plaque commemorating the 53 Basque children and their teachers who found refuge at The Oaks during the Spanish Civil War.**



Ed Packard was one of several guests who had joined nearly 50 Langham people at the July Café, hosted by St Mary's & St Peter's Churches. Others included Colin Kerr of the Peace Pledge Union, which had funded and managed the 'colony' at The Oaks, and Paul Campion of the Colchester Quakers.



The plaque was erected by the Langham Parish Council and cast by Yorkshire-based Croft Cast Signs to the Langham Heritage Group's design. It was funded by public subscription, which included a substantial donation by the Basque Children of '37 Association.

**Next Langham Community Café:  
Friday 27 September 10.30-12.00**

# Langham Community Shop



Open 7 days a week, 364 days a year Staffed by Volunteers, serving you since 2004

*Locally sourced...* Milk **Bread** Pastries **Cakes** Eggs **Honey** Fruit & Vegetables  
**Wilkins of Tiptree** **Fairfields Farm** Wicks Manor **Blackberry Bakery**  
Pharmaceutical **Toiletries** Household **DIY** Groceries Cupboard Essentials  
**Baking Supplies** **Herbs & Spices** Frozen **DELI** Ice Creams **DRINKS**  
Confectionery **Hot Drinks** **Wines** **Beers** SPIRITS **Tobacco** **Pet Food**  
Cards & Wrap **Gifts** Mimis Fashion *Wilde handmade candles* DVDs  
**ADVERTISING** Ticket Sales Printing & Photocopying **Seasonal & Luxury Products**  
**POST OFFICE** Newspapers & Magazines **Dry Cleaning** LOCAL INFORMATION  
**Regular events for the community... pop up cafes & markets**  
Telephone orders welcome for collection & deliveries by arrangement  
*Supporting the environment...* RECYCLING SUPPLIES **'Too good to go'**  
**Ink recycling** *Coffee pod recycling* Second hand book exchange **Refill station**

01206 272431 School Road, Langham, CO4 5PA  
communityshoplangham@gmail.com [www.langhamcommunityshop.org.uk](http://www.langhamcommunityshop.org.uk)

# Our Parish Magazine – Past, Present and Future

## PAST:

I'm not quite sure when the Magazine was first published. I can trace a full set of archives back to early 2008, but I'm sure the history goes back much further than that. Previous editors such as Ian Hollands can probably fill us in on that! Looking back at 2008 editions, the style was very different from today: 4 sheets of loose-leaf A4, totally black and white, and nearly 50% filled with very local advertising. Some of the advertisers are long gone, a few are still well known local names.

## PRESENT:

Today's magazine is a far more colourful affair, thanks to advances in affordable colour printing in more recent years. Published in bound A5 format, it's typically 32 pages these days, although it ebbs and flows a bit from month to month according to the number of

articles received by the Editor.

The mix of content is rather different now, with only about 25% of printing space given over to paid advertisements. There is now far more community information and notices, which is hopefully valued by at least some of the 1200+ households that receive a new magazine each month.

What has changed very little since 2008 is the unsung army of about 30 volunteers who walk and cycle round Langham and Boxted pushing newsletters through letterboxes each month. Pretty much the same people as in 2008! We're all getting older, and sadly a few have passed away as well.

## THE FUTURE?

So how will the magazine evolve further over the next few years? On the one hand, printing technology offers more



potential for colourful and interesting content, and we have taken advantage of that over recent years, to produce a more information rich magazine. But on the other hand: the advertising world is becoming increasingly digital, the magazine distribution teams are increasingly creaking at the seams, and we might very soon be reaching the point where a physical magazine is no longer viable. That would surely be a great shame...but it's really a question for the whole village community to consider carefully. If you value the future of a physical local magazine, then now is the time to consider volunteering to

join the distribution team (either as a regular distributor, or maybe as a "locum" to cover holiday absences etc.). And if you run a local business, now is the time consider whether you'd like to place a small regular advert in the magazine, to promote your business locally, whilst also helping support its continued publication costs.

**Steve Pollington**

– Magazine Editor

**Paul Armstrong**

– Advertising Coordinator &  
Langham Distribution Lead

**Elaine Mott & Linda Tralau**

– Boxted Distribution Leaders

## Have you spotted the road signs?



Sadly we get Hedgehog road casualties in our village. As they are nocturnal, this makes them vulnerable. So we have put up signs to remind drivers to take care and look out for them.



**Boxted Wildlife**



The Boxted Players present

# THE WIZARD OF BOXTED

Join the Boxted Players for their 10<sup>th</sup> anniversary pantomime with an original take on a classic tale with Dorothy whisked off to a magical place far away from her rural roots....



**Friday 13<sup>th</sup> December 7.30**

**& Saturday 14<sup>th</sup> December 4.00 and 7.30**

For tickets search Boxted on [www.wegotickets.com](http://www.wegotickets.com)

or call into Harper's Caffe at the Boxted Hub.

Adults £10    Children (under 16) £5

This year's village pantomime is the **Wizard of Boxted**.  
Once again we have a local take on a classic story with lots of dressing up, singing, dancing and fun.

Join Dorothy and her dog as they are whisked off to a land of many accents and even more surprises.

All proceeds go back into the village hall and the bar is organised by the local British Legion branch.

Join the fun and make sure you book early as tickets usually sell out quite quickly! You can get tickets from Harper's Caffe at the Boxted Hub or online by searching Boxted at [www.wegottickets.com](http://www.wegottickets.com)

The logo for WeGotTickets, featuring a stylized blue and white square icon above the text "WeGotTickets" written vertically in a bold, blue, sans-serif font.

## **Boxted Wildlife**

**WORKING TO CREATE A WILDLIFE FRIENDLY VILLAGE.**

### **VILLAGE WALKS**

**MEET AT THE VILLAGE HALL  
10:00 AM**

**SAT 18TH MAY  
SAT 15TH JUNE  
SAT 20TH JULY  
SAT 17TH AUG  
SAT 21ST SEPT  
SAT 19TH OCT  
SAT 16TH NOV**

**APPROX' 5KM/3MI CIRCULAR ROUTES ON FOOTPATHS MOSTLY.  
WEAR SUITABLE CLOTHING AND FOOTWEAR FOR THE WEATHER CONDITIONS.**



[www.facebook.com/BoxtedWildlife](http://www.facebook.com/BoxtedWildlife)



[Info@BoxtedWildlife.co.uk](mailto:Info@BoxtedWildlife.co.uk)

## BOXTED HISTORY GROUP

Meeting every third Wednesday of the month at Boxted Village Hall.

7.30 for 8pm.

Guests always welcome.

## 2<sup>nd</sup> Langham Scout Group

Meetings are held each Wednesday evening at the Community Centre.

**Beavers:** 5.00 to 6.15 pm. **Cubs:** 6.15 to 7.30 pm. **Scouts:** 7.30 to 9.00 pm.

Contact Group Scout Leader, Denise Hobday 01206 230918.

A graphic for 'Boxted Bingo' featuring three colorful bingo cards (pink, blue, and green) fanned out. The word 'Bingo!' is written in large, bubbly, yellow and orange letters. Below the cards, the text reads: 'Boxted Village Hall Every other Tuesday 3pm - 5pm £8 per session (includes 4 games of bingo) For more information Call Dot on 01206 272676'.

**Boxted Bingo**

Boxted Village Hall  
Every other Tuesday  
3pm - 5pm  
£8 per session  
(includes 4 games of bingo)

For more information  
Call Dot on 01206 272676

## LANGHAM LADIES

Any ladies wishing to join the group or to come along as a guest, please telephone Gill Brown on 01206 273286.

## BOXTED CARPET BOWLS CLUB

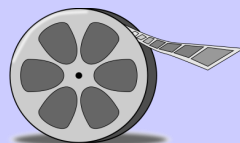
Come and join us for a friendly, enjoyable afternoon playing bowls at **Boxted Village Hall Fridays 2pm - 4pm**

Any information contact Chris Lawrence 01206 272654.

*chris-lawrence@hotmail.co.uk*

## LANGHAM FILM NIGHTS

For details of films and screening times and to book tickets, go to [www.langhamcommunitycentre.org.uk/next-cinema-screening/](http://www.langhamcommunitycentre.org.uk/next-cinema-screening/)



## Crafty Ladies

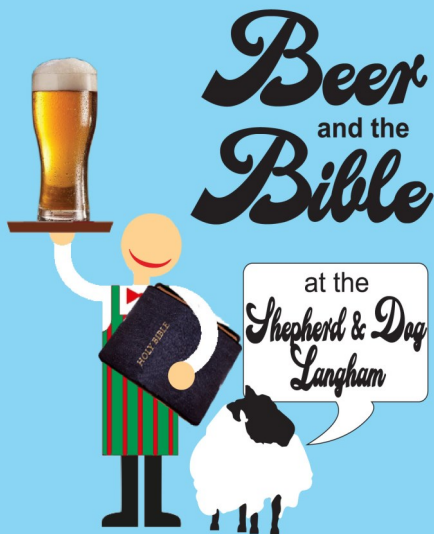
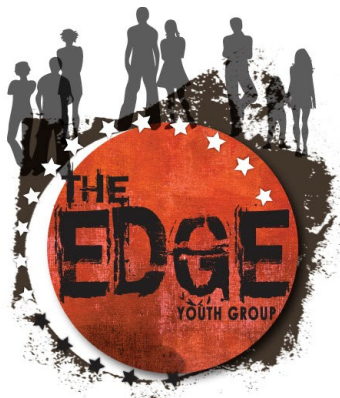
Meet on first Wednesday of each month throughout the year, 10.00 am to 3.00 pm at the Community Centre. Subscription £26 due March and September. Contact Chrissy Todd tel. 07742 131454.

## Carpet Bowls Club

Meet every Tuesday afternoon from 2.00 to 4.00 pm at the Community Centre.

Contact Cliff Jones on 07922 156545 or Mervyn Bushe on 01206 230209.

The Art and Craft Club meet on the **third** Wednesday of each month, 2-4pm at Boxted Village Hall. All welcome - *come and join in!*



Every second Monday of the month  
from 8pm  
All welcome

**The Zone** for 6-11 year olds 5.30pm-7pm and the **Edge** for 12-18 year olds 7.30pm-9.00pm. Fortnightly during term time. Contact Linda Sheil 01206 273324

At Your Service

Joined up  
Legal  
Services

for you

your  
family

and your  
business

Contact us today to make an appointment.  
Legal advice with a conscience.

FJG

FISHER  
JONES  
GREENWOOD  
SOLICITORS

Fisher Jones Greenwood LLP  
Charter Court,  
Newcomen Way,  
Colchester Business Park,  
Colchester, Essex, CO4 9YA

01206 700585

[www.fjg.co.uk](http://www.fjg.co.uk)

[enquiry@fjg.co.uk](mailto:enquiry@fjg.co.uk)

Offices across Essex and London

Dance to fitness

Fun Latin dance class

Boxted Village Hall



Thursdays 9.45 am

PILATES

A multi-level Pilates class suitable for all levels of ability

Thursdays 10.30am - For info call Jo - 07887518031



Little Owls Pre School Boxted

*Ofsted registered*

[www.littleowlsboxed.co.uk](http://www.littleowlsboxed.co.uk)

Phone: 01206 273226

Email: [littleowlsboxed@live.co.uk](mailto:littleowlsboxed@live.co.uk)

P  
&

Colchester Ipswich Sudbury Clacton Thorpe-le-Soken

01206 572233

[colchester@palmerpartners.com](mailto:colchester@palmerpartners.com)

Palmer & Partners

Independent Estate & Letting Agents

PENCIL ART GROUP

IN BOXTED VILLAGE HALL

PLEASE CONTACT KAREN AT  
[WILLOWSOFDEDHAME@GMAIL.COM](mailto:WILLOWSOFDEDHAME@GMAIL.COM)

IF YOU WOULD LIKE TO JOIN THE GROUP.



LANGHAM  
PRE-SCHOOL

2yrs +

For more information call: 07930 963638  
or visit [www.langhampreschool.co.uk](http://www.langhampreschool.co.uk)

Please mention the Newsletter when replying to advertisements

At Your Service

ADVERTISING QUERIES SHOULD BE DIRECTED TO BOXLANGADS@GMAIL.COM



**The Mindful Life Group**  
The UK's only not-for-profit dedicated to  
older adult mental health

## Our very popular online mindfulness course is opening for Older Adults in Suffolk

- Designed by Clinical Psychologists
- Proven to improve wellbeing, sleep and resilience

### Feedback from one of our previous participants:

*'I'm an absolutely great believer in the course it really got me through...the relaxation techniques, which I still do, really helped me in quite a profound way'. JB*



Find out more at  
[the-mindful-life.com](http://the-mindful-life.com)



**SUFFOLK**  
Community  
Foundation



**Suffolk and North East Essex**  
Integrated Care Board (ICB)



# BOND

**PLUMBING &  
HEATING SERVICES**

Nick: 07590 372433

Craig: 07515 452143

web: [www.bondphs.com](http://www.bondphs.com)



**Oil Gas LPG**



Domestic Plumbing & Central Heating



Boiler installations, Servicing & Repair



Smart controls, wiring & Problem solving



Oil tank replacements & cleaning



**Google**  
Reviews ★★★★★

At Your Service

ADVERTISING QUERIES SHOULD BE DIRECTED TO BOXLANGADS@GMAIL.COM

## Adults absolute beginners Learn to run



Have you ever wanted to learn to run, but never known how ?



### CARISMA BODYTECH LTD

#### YOUR LOCAL GARAGE

Services Repairs Bodywork  
MOT Insurance work

01206 228221

enquiries@carismagarage.co.uk  
Brookhouse Farm Boxted Road  
Colchester CO4 5HH

### mark & peter graves carpenters & general builders

a family run business providing a professional  
service and quality workmanship at competitive rates.

general interior & exterior property improvements/maintenance  
including: painting, kitchen installation, shelving, cupboards, ward-  
robes, flooring, windows, doors, architraves, skirting boards, guttering,  
fascias, roofs, extensions, conversions, renovations, garages, new  
build, decking, patios, fencing, sheds and barns.

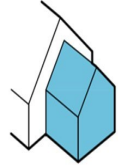
all jobs considered

tel: 07889 947150 (day) or  
01206 271173 (evening)

### ENDesign

Plans for Household extensions  
Building Regs & Planning

07740201290  
richard@endesignuk.com



## DAJLY HOPE

A FREE PHONE LINE OF HYMNS,  
REFLECTIONS AND PRAYERS.

*Available 24 hours a day  
on 0800 804 8044, it has  
been set up for those  
unable to join in online  
church services during the  
period of restrictions.*

#### FARM & WOODLAND SERVICES

### BOB'S LOGS & KINDLING

Open fire/wood burner      Barn stored

Mobile: 07733 326644

Tel: 01206 391146

Please mention the Newsletter when replying to advertisements



At Your Service

ADVERTISING QUERIES SHOULD BE DIRECTED TO BOXLANGADS@GMAIL.COM



Order online or call  
**01480 775454**



## UK's #1 home heating oil marketplace

Helping you save on heating oil & servicing since 2004



**No.1 Heating  
Oil Provider**



**Over 3 Billion  
Litres Delivered**



**Best Price  
Guaranteed**

**Here at BoilerJuice we have only one aim: to make  
ordering heating oil simple and hassle free.**

With over 48,000 customers in the Colchester area, serviced by our network of over 20 trusted suppliers, BoilerJuice is well placed to help the residents of Boxted, Langham and Great Horkesley save time and money on their heating oil.

**Get an instant quote at [BoilerJuice.com](https://www.BoilerJuice.com)**

**Exclusive Reader Offer: £20 off your order**

Order a minimum of 1,000 litres before 30 September 2024 using this code at check out: **CCSEP20**

**Please mention the Newsletter when replying to advertisements**

*At Your Service*

ADVERTISING QUERIES SHOULD BE DIRECTED TO BOXLANGADS@GMAIL.COM

### **JOHN TOKELY**

*Painter & Decorator*

No job too large or small.

9 Nayland Road Colchester CO4 5EG

Mobile: 07976 848310 Tel: 01206 845665

### **STEVE RAYNER**

*House/Garden Maintenance*

Grass/Hedge cutting \* Weed control \* Clearance \*

Small tree work \* Gutters cleared \* Gates/Fencing\*

Shed Services

Mobile: 07709 972728

### **BS GARDEN MAINTENANCE**

Hedge & Grass Cutting \* Pruning

Planting \* Painting & Odd Jobs \* Winter Logs

Mobile: 07513 150526

Tel: 01206 273292

### **JACQUELINE COOK**

Holistic Life Coach

*'Helping you transform your life'*

Tel 07702 850882 Boxted

PAY AS YOU GO



**NEWTONS FARM  
INDOOR TENNIS**

WISSINGTON, CO6 4LX

WWW.INDOORTENNISCOURT.CO.UK

**Allen Clarke**

Plumbing • Heating • Air-Conditioning  
TRADITIONAL VALUES | MODERN SOLUTIONS

Family run, recommended business based  
in Layer de la Haye Colchester

- Full heating systems
- Full bathroom installation
- Boiler installations
- Servicing and repairs on oil, LPG and gas boilers
- Oil tank replacement and installation
- Air to air heat pumps
- Landlord Gas Safety Inspections
- Over 20 years' experience



[www.allenandclarkeplumbingandheatingltd.co.uk](http://www.allenandclarkeplumbingandheatingltd.co.uk)

Telephone: 01206 738979



**OPTIMUM**

Architecture Ltd

**Architectural Services**

including Listed and Low

**Energy Buildings**

**01206 262697**



[www.optimum-architecture.co.uk](http://www.optimum-architecture.co.uk)

Please mention the Newsletter when replying to advertisements

## KATRINA'S HAIRDRESSING IN LANGHAM

- \* ladies/gents trim £13    \* child trim £9
- \* foils inc b/dry £31/£36/£46
- \* regrowth tint £31/£34 inc b/dry
- \* blow dry £15/£18    \*set £15
- \* perm inc b/dry or set £39/£44

Phone 233435 or 07837 742764

# ANGLIA LANDSCAPES

Celebrating 65 Years in Business

### SUPPLIERS IN

- Stone   ▲  Crushed concrete
- Sand   ▲  Road planings   ▲  Topsoil
- Collected or delivered

ALL GROUNDWORKS CARRIED OUT

Call 01206 272357



**BOXTED RBL CLUB  
OPENING HOURS**

---

**MONDAY.....CLOSED**

**TUESDAY.....CLOSED**

**WEDNESDAY..... 16:30-00:00**

**THURSDAY..... 16:30-21:30**

**FRIDAY..... 16:30-00:00**

**SATURDAY..... 15:00-00:00**

**SUNDAY..... 13:00-21:00**

---

BOXTED RBL CLUB, STRAIGHT ROAD, CO4 5QN, 01206 272576,  
BOXTED.LEGION@GMAIL.COM

## The best thing you'll do this week (and that's a promise.)

Tired of dull weekdays? Want to try something new, learn new skills and meet a whole new group of friends?

2nd Langham Scouts have been providing Scouting in the local area on a Wednesday evening for over 60 years and we have recently restarted our meetings face-to-face.

We currently have space In Beavers, Cubs and Scouts and would also welcome any adults who would love to get involved!

For more information, or to book a space, please either email enquiries@2ndlanghamscouts.org or contact us via our website.

[www.2ndlanghamscouts.org](http://www.2ndlanghamscouts.org)



## WHEELCHAIR LOAN

The Short Term Wheelchair Loan Charity (*Reg. No.112657, www.wheelchairloancharity.com*), based at Clacton Hospital, helps people needing the short-term use of a wheelchair. The chairs are for all ages and reasons. The service is a perfect interim solution if you require a wheelchair for an occasion such as a holiday, a wedding or to help accommodate a visiting relative. The service is funded by donations and is free to users, although a deposit of £40 from borrowers is asked for.

Enquiries may be phoned to 01255 201763 or emailed to [wheelchairloan@gmail.com](mailto:wheelchairloan@gmail.com)

Please mention the Newsletter when replying to advertisements

**Michael J Byles**  
**Plumbing & Heating**

Oil Boiler Installations Servicing & Maintenance  
Oftec Registered

General Plumbing & Heating work also undertaken

Telephone 01206 822225

Mobile 07717 012433

E-mail: michaeljbyles@aol.com

**ARDLEIGH CHIMNEY  
SWEEP SERVICES**

- Traditional and Power Sweeping
- CCTV Inspections
- Safety Certificate Issued
- Fully Insured
- Cows Fitted



ANDREW SMITH

01206 231718

07845 249820



**FUTURE ELECTRICAL LTD**

YOUR LOCAL ELECTRICIANS

Call Chris on 272494 or 07798 865377

Free quotations Qualified & Registered

Family Business future\_@mail.com



07885 504036

jbboilerservices@hotmail.com

**Holistic Mind-Body Approaches for Wellbeing & Stress Management**

Yoga therapy, meditation, relaxation,

Thai Yoga Massage & Ayurvedic thera  
massage

Bach Flower Remedies



Contact Louise 07761 204576.

[info@luciaslight.org](mailto:info@luciaslight.org)

[www.luciaslight.org](http://www.luciaslight.org)

**Nigel Goody**  
**Computer Maintenance  
& Repairs**

Virus Removal – Upgrades – Email Problems  
Networks & WIFI – Printer Issues/Setup

Friendly, helpful on site service  
Call me on: 07929 919599

**Bespoke & Traditional  
Cakes & Desserts**

Indoor seating, hot & cold  
drinks, gifts and cards.

Shop Open

Weds -Sat • 9am-5pm

Large cakes & desserts made to order,  
48hrs notice required.

*We look forward to your custom*



Tel: 01206 272100

61 Straight Road, Boxted, Colchester, CO4 5QY

[www.pantry61.co.uk](http://www.pantry61.co.uk)

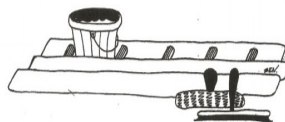
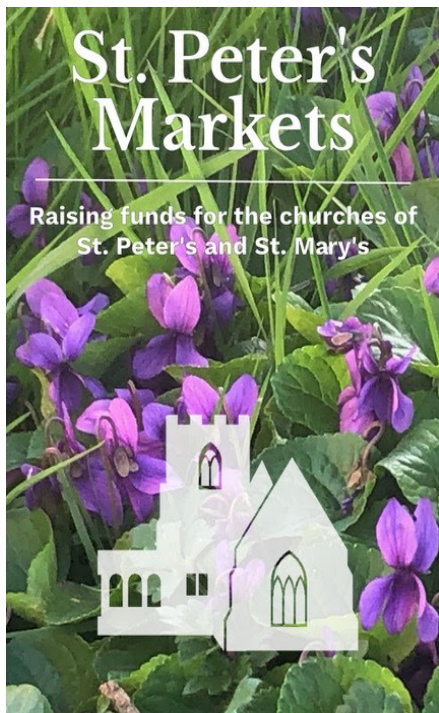
*For ALL Advertising  
Queries, contact*

**Paul Armstrong**  
boxlangads@gmail.com

Tel: 07766 747497

# St. Peter's Markets

Raising funds for the churches of  
St. Peter's and St. Mary's



## CLEANSHINE

**Traditional window  
cleaning service**

Reliable & friendly Est. 1994  
Inside and outside windows cleaned  
Guttering clearing service available  
North Essex & Suffolk covered

Contact Giorgio for a free quote:

**01206 272054** or

**07706 054373**

**VOLUNTEER**  
WITH US



### **At Langham Community Shop**

WE NEED VOLUNTEERS for regular shifts, but also, just as importantly, we need stand ins to cover any holidays & gaps in the rota. You will never work alone & full training is given. Meet new people & learn lots of new skills, for just two & a half hours of your time!  
For further information & an informal chat  
Call our Volunteer CoOrdinator  
Cath Hine on 07825 952560

## **BOXTED EVERGREENS**

**Our Club meets in the village hall  
every four weeks from 2.00pm to  
3.30pm.**

Anyone wishing to come along would be given a warm welcome. Our members are always asked for their suggestions before our yearly entertainment programme is arranged, so we do try our best to cater for everyone.

*If you would like more information  
about our club please call Linda on  
01206 272710.*

# GOOD NEIGHBOURS

Are you elderly, vulnerable or otherwise in need of help, and live in the Parish of Langham with Boxted? We are a group of local Volunteers who can assist:

- with transport to an important appointment, including Hospital, Dentist or Flu/Covid Booster
- with collection of items such as prescriptions
- or make a friendly visit just for a bit of company.

Call so that we can help you, Monday to Friday, 8am to 7pm

**Monday.....230525 or 273324**

**Tuesday.....271813 or 273195**

**Wednesday....272755 or 272013**

**Thursday..... 07765 037892 or 323007**

**Friday..... 272773**

Please telephone either number shown for the **DAY ON WHICH YOU MAKE YOUR CALL** (not the day of your appointment). If there is no reply, please do not leave a message but **RING ANY OTHER NUMBER**.

This scheme is associated with the Churches of St Mary's Langham and St Peter's Boxted

**THE PARISH OF LANGHAM  
WITH BOXTED**

**Contact Details**

**Websites**

Boxted – [www.achurchnearyou.com/church/6458](http://www.achurchnearyou.com/church/6458)

Langham – [www.achurchnearyou.com/church/6459](http://www.achurchnearyou.com/church/6459)

**Rector Heather Wilcox**

01206 240906/07503151715

[RevHWilcox@outlook.com](mailto:RevHWilcox@outlook.com)

**Please contact the Rector with any enquiries**

Church Office available by appointment Mon-  
Fri: 10am - 12pm

**Associate Priest Revd Anne Mason**

07895 970834 [revdannemason@gmail.com](mailto:revdannemason@gmail.com)

**Curate Revd Emma Barr** 07801659345

**Lay Minister Denise Hobday** 230918

**Church Administrator (for the parishes of  
Langham with Boxted, West Bergholt and  
Great Horkesley** Donna Luxton (Mon -  
Wed) & Jo Russell (Thur- Fri)

Email: [6parishescolchester@gmail.com](mailto:6parishescolchester@gmail.com)

**Churchwardens**

**St Mary's Langham**

**Stephen Garner** 272599

[Sgarner.22@btinternet.com](mailto:Sgarner.22@btinternet.com)

**Denise Hobday** 230918

[hobdaylangham@hotmail.com](mailto:hobdaylangham@hotmail.com)

**St Peter's Boxted**

**Jos Carter** 272755

**Zone Youth Group**

**Dominic & Linda Shiel** 273324

**The Edge Youth Group**

**Dominic & Linda Shiel** 273324

**St Mary & St Peter Newsletter**

**Editor Stephen Pollington** 683670

Email: [lwbnewsletter@gmail.com](mailto:lwbnewsletter@gmail.com)

**Advertising Paul Armstrong** 07766 747497

Email: [boxlangads@gmail.com](mailto:boxlangads@gmail.com)

**Distribution**

**Elaine Mott (Boxted)** 273183

**Linda Tralau (Boxted)** 272710

**Andrew Stacey (Langham)** 272806

**BOXTED VILLAGE HALL**

Cage Lane, Boxted, CO4 5RE

**Contact**

**Debbie Eley**

Telephone:- 01206 870266

Email:- [boxted@community-centre.org.uk](mailto:boxted@community-centre.org.uk)

Home to a number of local clubs and regular activities, it is also available for hire for parties and functions, with a capacity of 120 seated in rows or 100 seated at tables.

*If you have any new clubs or events planned in the future, please consider using the village hall as your venue.*

**Deadline for submissions for the  
October edition:  
15th September**

**Contact the editor via email:  
[lwbnewsletter@gmail.com](mailto:lwbnewsletter@gmail.com)**

**NEED TO TALK TO SOMEONE?**

**SAMARITANS**

Available 24 hours a day

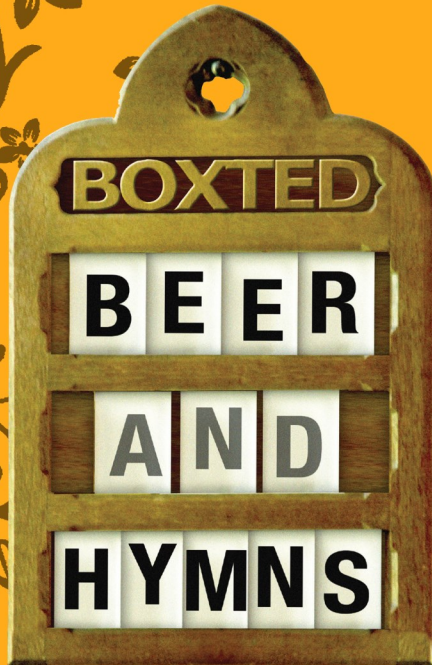
**116 123**

34 Walsingham Rd,  
Colchester CO2 7BP

**Open 10am to 8pm daily**

**01206 561234**

ON SATURDAY 21ST SEPTEMBER  
7PM - 10PM



Come and Sing Your Favourite Hymns,  
Drink Local Real Ale or a Glass of Wine,  
Soft Drinks For Children Will Be Available.  
There Will Be A BBQ With Vegetarian Options.  
Join Us At St Peters Church Boxted.  
Tickets £8 Each On The Door, First Drink Included,  
Children Under 12 Free.  
In Aid of Boxted and Langham Churches.